

Introducing a Financial Wellness Seminar for Life After Lockdown

LET'S TALK ABOUT The Way Forward—7 Tips for Life After Lockdown

For Union Benefits Trust Members

COVID-19 has posed unprecedented challenges. You may have struggled to keep your family and your finances healthy despite a stock market downturn, job insecurity, perhaps even the loss of a loved one. And, you've likely come to understand the need to manage your finances differently in the future. At times like these, getting your finances in order can seem even more overwhelming, leaving you to wonder where to begin.

To address this challenge, we'd like to invite you to attend a financial wellness seminar, 7 Tips for Life After Lockdown. This seminar is designed to help you learn new behaviors and adopt healthy financial practices—so no matter what your future holds, you can face it with confidence. Together, we'll tackle timely topics such as:

- Tracking your spending
- Paying down debt
- Preparing for what lies ahead
- And more

September 8th
12:00-1:00pm EST
Via WebEx

[Register Now!](#)

In addition to these seminars, you will have the opportunity to sign up for a Financial Wellness checkup meeting with **Amy Kelly** for 30 minutes on **Wednesday, September 15th** to review your current financial situation and to help you navigate future financial challenges. To schedule your virtual financial wellness checkup, you may click on the link below to select a time that works best for you.

[Schedule your Financial Wellness Checkup!](#)

If you have a question or concern, please contact us at Pathways@Prudential.com or (844) 592-8993.

Prudential Pathways® seminars are provided by a Prudential Financial Professional and are not intended to market or sell any specific products or services. Offering this seminar does not constitute an endorsement of Prudential products or services in any way. Financial Wellness offerings, which include these seminars and access to any third-party referrals, are provided by Prudential Workplace Solutions Group Services, LLC ("PWSGS").

The Prudential Insurance Company of America, Newark NJ

Union Benefits Trust is an independent organization and is not an affiliate of Prudential.

1036148-00001-00