

Court Recess 2025 Itinerary

December 29, 2025

(Times and Speakers are subject to change)

All Members

9:00 Welcome

9:30 PSU

10:15 MELS

11:15 Optical/Dental

Break

2:15 NYS Pension

3:30 Deferred Comp

4:30 VIP Ins.

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Support Staff

9:00 Welcome

9:30 T/B/A

10:30 Brian Parena (motivational speaker)

11:30 Vivian Moran (nutritionist)

12:30 T/B/A

Break

2:15 Coach Ki (Life coach)

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Interpreters (Spoken Language)

Morning Session

9:30–11:30 a.m.

Grant Barrett, Linguist, lexicographer, writer, editor, broadcaster

Topic: Idiomatic and proverbial expressions across dialects, and “blue” language and power dynamics in usage

Afternoon Sessions

2:00–2:30 p.m.

Lauren Frenkel, MA, CCC-SLP

Topic: Vocal health and performance, including voice care strategies for court interpreters

3:15–4:15 p.m.

Leigh Anne Jasheway, M.P.H.

Topic: Humor, stress relief, and practical coping strategies for court interpreters

Interpreters (ASL)

Terp Academy

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Court Reporters - Via Zoom



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